



# Baca Buzz

Volume 2, Issue 6

November/December 2012

## Baca Staff

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## Round Rock Parks and Recreation

*Mission:* People dedicated & empowered to create a positive and memorable experience in people's lives.

*Vision:* An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

## Snow Ball

Saturday, December 1

5:00-8:30 pm

\$20/person

Live Music by *The Lawmen*  
Catered dinner & dessert included

*Thank you to our sponsors:*

*Inspire Insurance Solutions  
& Wyoming Springs  
Assisted Living*



## Coming Spring 2013

The Baca Center has some exciting NEW programs beginning this Spring.

- ◆ The center will begin offering Clogging classes on February 5. Cost will be \$36/month or \$10/class for members, families are \$60/month. Classes will be offered on Tuesdays 7-9 pm.
- ◆ We will also begin offering an Ultra Beginner Tap Dancing class starting on Tuesday, February 5, 9-10 am for \$4/class.
- ◆ The AARP Driver Safety Course has been so successful, we are now offering evening classes on the 3rd Tuesday of February and April, 5-9 pm. Cost is \$12 for AARP members and \$14 non-members.
- ◆ Look for NEW and exciting workshops with Home Depot, Paul Wayne and more.
- ◆ Interested in participating in a theater group or learning magic? Get on the list by calling 512-671-2798.

## BACA WEEKLY ACTIVITIES

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<b>9:00-9:45 am</b> Balance	<b>9:00-10:00 am</b> Cardio Combo	<b>8:45-9:30 am</b> Strength	<b>9:00-10:00 am</b> Cardio Combo	<b>9:00-10:00 am</b> Intro to Tai Chi*	<b>9-10 am</b> Zumba Gold
<b>10:15-11:10 am</b> Beg. Line Dancing*	<b>9:00-11:00am</b> Wood Carvers	<b>9:00-10:00 am</b> Chair Yoga	<b>10:00-11:30 am</b> Writing Club	<b>10:00-11:30 am</b> Tai Chi Advanced*	<i>*Fees are re- quired to par- ticipate and must be paid to the Baca Center.</i>
<b>10:30-11:00 am</b> Sittercize	<b>10:00 am-2:00 pm</b> Crafty Critters	<b>9:00-11:00 am</b> Pickleball	<b>10:30-11:00 am</b> Sittercize	<b>10:00-11:30 am</b> Bingo*	
<b>11:20 am-12:20 pm</b> Int. Line Dancing*	<b>10:30-11:00 am</b> Sittercize	<b>10:00-11:00 am</b> Zumba Gold	<b>12:30-2:45 pm</b> Spanish Class	<b>11:15 am-noon</b> Belly Dancing	
<b>12:30-1:30 pm</b> Adv. Line Dancing*	<b>12:30-2:30 pm</b> Klub Karaoke	<b>10:00-11:30 am</b> Chicken Foot	<b>12:30-4:00 pm</b> Bridge for Fun	<b>11:30 am-12:30 pm</b> <b>FREE—Blood</b>	
<b>12:45-3:30 pm</b> Dominoes "42"	<b>12:30-4:00 pm</b> Texas Canasta	<b>10:30-11:00 am</b> Sittercize	<b>12:45-4:00 pm</b> Canasta Club	<b>Pressure Checks</b> <b>1st Friday ea. mo.</b>	
<b>12:45-5:00pm</b> Canasta	<b>1:15-2:15 pm</b> Computer Help	<b>11:00-11:45 am</b> Health Support	<b>1:00-2:15 pm</b> Tapping for Fun	<i>Courtesy of Trinity Care Ctr.</i>	
<b>1:00-2:30 pm</b> Writing Club	<b>6:30-9:00 pm</b> Evening Bridge	<b>11:00 am-1:00 pm</b> Line Dance Practice	<b>1:00-3:00 pm</b> Tejano Time	<b>12:30-1:30 pm</b> Int./Adv. Line Dancing*	
<b>1:00-3:00 pm</b> Pickleball		<b>12:30-3:30 pm</b> Dominoes "42"	<b>1:15-2:15 pm</b> Computer Help	<b>1:00-2:30 pm</b> Sing Along	
<b>1:00-4:30 pm</b> Duplicate Bridge		<b>1:00-3:00 pm</b> Latin Wednesday Spades			
It is up to instructors/group leaders to ensure that activities end ON TIME. Baca is a busy place with activities in all rooms all days. Our mission is to provide the best quality customer service to all groups but it takes a group effort to be successful. If you have a group that is not a regular scheduled program, check with the front desk and we will do our best to provide you with an adequate space.					

## Monthly Meetings and Activities

<u>Activity</u>	<u>Dates</u>	<u>Times</u>
Art Club	1st & 3rd Wed.	1:00-3:00pm
AARP - general meeting	2nd Wednesday	1:00pm
AARP - board meeting	3rd Wednesday	1:30-3:30pm
Benefits Counseling	1st Wednesday	9:00-11:00am
Book Discussion	2nd Tuesday	1:00-2:00pm
Bunco	1st & 3rd Tuesday	6:30-8:30pm
Daytime Bunco	2nd & 4th Wed.	1:00-3:00pm
Cinema Movies	3rd Wednesday	1:00-3:00pm
Cuisine Critics	3rd Wednesday	11:00am-1:00pm
Daffodil Dolls	1st Wednesday	10:30-11:30am
Foreign Affaire	2nd Tuesday	4:30pm
Garden Club	1st Monday	9:30-10:30am
Hiking Club	November 7	1:00 pm
Pub Club	3rd Friday	5:30-11:00pm
RR New Neighbors	3rd Wednesday	9:30am-12:30pm
Site Council	1st Thursday	9:00-10:00am

### Williamson Burnet County Oppor. (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45 am for Williamson & Burnet County residents. Registration and 24 hour advance reservation is recommended by calling 255-4970. New registrants will need to complete paperwork. Meals are \$6 for those that are not members of WBCO. If you have made reservations and cannot come to lunch, please notify WBCO.

Menu is available online at:  
**[http://www.wbco.net/  
services\\_meals.html](http://www.wbco.net/services_meals.html)**

*Menu is subject to change without notice.*

**255-4970**

# Activity Descriptions

**AARP:** "AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service." Must be a member of the National Chapter to be a member of the local AARP chapter.

**Art Club:** The club includes artists of all media. The club meets on the 1st and 3rd Wednesdays. For more information, Janet Oh at [janet-oh@swbell.net](mailto:janet-oh@swbell.net).

**Balance:** This class focuses on balance. Free for members.\*

**Belly Dancing:** Movements to sculpt and firm your body. Free for members.\*

**Benefits Counseling:** Visit with Nancy Kind to get information on Medicare, prescription plans, Medicaid and food stamps.

**Bingo:** Come try your luck on Friday mornings. \$2 for members.\*

**Book Discussions:** Participants discuss short readings in fiction, drama, poetry, and essays. Contact [helensmith204@gmail.com](mailto:helensmith204@gmail.com).

**Bridge for Fun:** Party bridge at its best. All we ask is that you sign up in advance. No partner needed. Contact Chuck at [greenlic@yahoo.com](mailto:greenlic@yahoo.com).

**Bunco:** Fast paced dice game! \$3/members\*.

**Canasta:** Rum-like card game that can easily be learned. Arrive 15 minutes early.

**Cardio Combo:** Low impact aerobics without jumping. Free for members\*.

**Chair Yoga:** For beginners and people with limitations. See class for registration info.

**Cinema:** Join us for a movie the 3rd Wednesday of each month 1-3 pm in the grand room.

**Computer Help:** Help is offered for members that have computer specific questions.

**Crafty Critters:** Come get crafty with us! This group makes all different kinds of crafts.

**Cuisine Critics:** Group visits local restaurants and writes a review for the newsletter.

**Daffodil Dolls:** This is a group of ladies that gather for fun and fellowship.

**Duplicate Bridge:** Casual, non-ACBL sanctioned bridge – no serious bridge here! Bring a partner and come along, but sign up ahead of time. Contact Carolyn at [rogerncarolyn@gmail.com](mailto:rogerncarolyn@gmail.com) for more information or to sign up. No partner? Email us and we will try to find one for you.

**Foreign Affaire:** Travel the globe, restaurant by restaurant and explore the cuisines of many cultures in this foreign dining experience.

**Garden Club:** Meets monthly for garden information.

**Health Support Group:** This is a self-led group to discuss options and ideas for various ailments.

**Klub Karaoke:** Join the excitement and come sing your favorite songs on our karaoke machine or come listen.

**Latin Wednesdays:** Join us for salsa and Latin tunes. Free to members\*.

**Line Dancing:** Classes offered for three levels. \$3/Baca members\*. Intermediate/advanced need instructor approval.

**Line Dancing Practice:** Self led practice for line dancing. Free to members\*.

**Pickleball:** Tennis like game using a plastic ball and paddle. Free to members\*.

**Pub Club:** This club is the hit of Round Rock & Austin as we hang out at a different pub each month. Cover and meal are on your own. \$6-8/month for members\*.

**RR New Neighbors:** This group gets together to play various card games.

**Sing-A-Long:** Singing popular songs from the 20th Century. Song books provided, join us for a good time!

**Sittercize:** Participants perform resistance exercises in chairs with hand weights. Free for members.\*

**Spanish for Fun:** Come practice Spanish with Mauro F. Molina-Menendez from Ecuador! This class is an informal program and free for Baca members\*.

**Strength:** This class will show you how to gain strength without the gym by using bands, weights and resistance.\*

**Tapping for Fun:** Tap your way to fun and fitness. Come to dance or come to learn. Free for members\*.

**Tai Chi:** A Chinese martial art and meditative movement class designed to increase your sense of balance, cardiovascular fitness & joint flexibility. \$4/members\*.

**Tejano Time:** This is a self-led group that uses their own music to dance authentic Tejano.\*

**Woodcarvers Club:** Come join in some carving fun. This is a self-led group, no experience necessary but tools are required. Free to Baca members.\*

**Writing Club:** This group meets to talk, write, share and publish. For information, [bacawritingclub@gmail.com](mailto:bacawritingclub@gmail.com)

**Zumba Gold:** Series of fitness moves specifically designed to use the exciting Latin & International dance rhythms. Free for members\*.

*\*Non-members pay additional fees.*

## Special Events

### Let's Dance



This self-led group will be dancing Ballroom, Country, Latin, Swing and more. They will play their own CD's and music. Join the group on Friday, November 2, 7-9:30 pm. The dance is **FREE** for Baca members and \$5 for non-members. Baca members **MUST** show their membership card to get in free and register in advance by calling 512-218-5499. This group will continue to meet on a monthly basis in the spring starting in January. All dances will meet in the Grand Meeting Room at the Baca Center. Participants are welcome to bring their own refreshments and snacks but **NO** alcohol. This program is for adults age 50+. **Members and guests MUST register in advance NO later than 3 pm on the day of the dance.** **Course #20653**

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### Veteran's Day Dinner

Join the Round Rock ISD's Interact Club for a special **FREE** Veteran's Day Dinner on Thursday, November 8, 5-8 pm. The dinner is open to all adults 50+ but you **MUST** register in advance so appropriate arrangements can be made. Whether you are a Veteran or you know a Veteran, all are welcome in celebrating what our Veterans have done for us. To register, call the Baca Center at 218-5499 no later than November 1.



**Course #20642**

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### Thanksgiving Luncheon



Join the Baca Center and WBCO for our annual Thanksgiving luncheon on Tuesday, November 20 at 11:30 am. Rueben and his staff will prepare a traditional turkey feast with all the trimmings and the Baca Center will provide the dessert. You **MUST** be a WBCO client and sign up in advance or pay \$6. All WBCO clients are a \$2 suggested donation.

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### Holiday Luncheon

Join the merriment at our annual Holiday Luncheon on Wednesday, December 19 at 11:30 am. WBCO will prepare a special meal, the Baca Center will provide the dessert plus there will be entertainment. You **MUST** sign up in advance and be a client of WBCO or pay \$6. All WBCO clients are a \$2 suggested donation. If you have signed up for a special luncheon and find you are unable to attend, please notify the WBCO office.





## Special Events

### Rockin' Holiday Open House

The Baca Center will host it's 2nd Rockin' Holiday Open House on Tuesday, December 11, 5:30-7:30 pm. There will be spectacular decorations, light refreshments, holiday entertainment and pictures with Santa & Mrs. Claus. The Baca Center Writing Club will be signing and selling both of their publications. The event is free and open to the community so come out and feel the holiday spirit.

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### Rock'N Lights at Old Settlers Park

Bring your family to this amazing NEW holiday experience! Rock'N Lights is a brand new 1.5 mile drive-thru light show that features thousands of sparkling lights through Old Settlers Park. Put on your favorite holiday music and drive-thru the light display. The lights will be lit beginning December 3 and run through December 31. Visit the show Monday-Thursday, 6-9 pm, Friday-Saturday and holidays 6-10 pm for a fee of \$15/car. It will be CASH only to pay the entrance fee. There will be a small carnival and vendors in the Rockin' River parking lot which is FREE each evening of the Rock'N Lights.

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### Christmas Family Night



The City of Round Rock rings in the holiday season with our annual Christmas Family Night on December 7, starting at 6:30 pm in downtown Round Rock. Visit with Santa, sip some hot chocolate or cider, eat a free hot dog and participate in the many games and activities provided by local organizations and community groups. There will be holiday performances at 3 locations, a grand entrance by Santa and carriage rides. This event is open and free for the entire community to enjoy.

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### Pecan Sales and Cracking

Beginning November 1 through January 31, the Baca Center will be cracking pecans. Bring your pecans with your name & phone number on your container. Pecans must be of average size to feed through our machine. Cost is 40¢/lb. In addition, the center will again be selling nuts beginning early November. Spice up your holiday snacking, baking and gift giving this season with nuts from the Baca Center. Proceeds from nut sales and cracking go to support the Baca Center and mission of the City of Round Rock Parks and Recreation Department.



# Organizations/Groups

## **SITE COUNCIL—Thursday, 9:00 am, November 1 & December 6**

Baca Site Council is the voice of the membership. Council represents Baca in a positive way promoting membership and activities and advises staff in decisions that affect the general membership and future of the Baca Center. Meetings are open to the public.

## **BENEFITS COUNSELING—Wednesday, 9:00-11:00 am**

**Nov. 7 & Dec. 5 in the Baca Center Lobby**—"The National Council on Aging" has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This is free, easy to use and will help seniors identify countless federal, state, local and private programs for which they may be eligible.

Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 246-8455.

## **GARDEN CLUB—Monday, 9:30 am**

**November 5**—"Growing and Cooking with Herbs," with Wayne Rhoden, Williamson County Master Gardener and Master Naturalist

**December 3**—Annual Holiday Garden Club Party: bring finger foods to share & a gardening related gift worth \$10 to exchange.

## **BOOK DISCUSSIONS GROUP—Tuesday, 1:00 pm**

**November 13**—"The Secret Sharer," a short story by Sigmund Freud

**December 11**—Selections from Chapter 1 & 4 of "The Theory of the Leisure Class," by Thorstein Veblen

## **AARP—Wednesday, 1:00 pm**

**November 14**—Mead from Walgreen Drug Co., "Monitoring Prescriptions for Seniors"

**December 12**—Annual Holiday Potluck Lunch. Bring a covered dish or dessert to share. Entertainment by the Baca Center Firecrackers.

## **ART CLUB—1st & 3rd Wednesday, 1:00 pm business & demo at 1:30 pm**

**November 7**—Paint-in, bring what you are working on/professional critiques available.

**November 21**—NO MEETING

**December 5**—Paint-in, bring what you are working on/professional critiques available.

**December 19**—NO MEETING

## **RR Public Library—Gardening Program, 6:30-7:30 pm at the Library**

**Thursday, November 15**—Fruit Trees for Central Texas



## **AARP Driver Safety Course**

**Monday, November 19, 8:30 am—12:30 pm—Course #20619**

The course gets drivers get a 10% discount for 3 years on most insurance plans. You MUST pre-register at the Baca front desk. Course does NOT dismiss traffic violations. November is FREE for Veterans (not spouses).

*Cost is \$12 for AARP members & \$14 for non-members & paid to the instructor.*

# Programs

## Chair Yoga for Seniors

This class is perfect for persons who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated positions, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit by improving flexibility, strength, circulation, range of motion, balance, posture and breathing. Suitable for people with limitations. You can register for the once a month workshop OR register for the month.

November 7 Workshop—Wed., 9-10 am—"Managing Stress"—	<b>Course #20471</b>	\$4/resident
December 5 Workshop—Wed., 9-10 am—"The Feet"—	<b>Course #20472</b>	\$4/resident
October 31-November 28—Wed., 9-10 am—Meeting Room #1—	<b>Course #20916</b>	\$38/resident
December 5-12—Wed., 9-10 am—Meeting Room #1—	<b>Course #20917</b>	\$15/resident

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## Wine & Unwind at Art by the Glass Studio



The Baca Center has teamed up with the newly opened Art by the Glass Studio located at 2000 South IH-35 in the Skyridge Plaza to provide some unique and artistic classes at their studio. Bring a bottle of wine and join them for an upbeat creative night out with friends. Classes are tailored to the artistically-challenged as well as the advanced artist. In this 2-hour class, painters will be instructed step-by-step how to re-create the featured artwork on a 16x20 canvas. Participants will each have their own masterpiece to take home. Fee includes canvas, paint, brushes, apron and instruction. Please register by calling 512-535-6350 by November 1. The picture will be the featured artwork at the class on Thursday, November 8 at 6 pm. Ages 18+. Cost is \$35 for the 2 hour class.

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## Ceramic Holiday Ornaments

Join the Baca Center's pottery instructor Linda Astill and create your own unique holiday ornaments. No experience necessary. All work will be fired/glazed. Supplies are included, additional clay is \$15 for 15 lbs. Sign up early because space is limited.

Monday, November 26 & December 10, 9 am - Noon—\$10 for Baca members **Course #20700**

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## Spanish in the Workplace

This class will teach basic Spanish skills that can be utilized in the workplace. Students will need to purchase a book for use in the class. Age 18+.

November 1-29, Thursday 7-9 pm  
\$20/residents & \$25 non-residents  
**Course #20792**

## BYOB

Bring your own beads and learn how to make spectacular jewelry instructed by Janet Oh, President of the Baca Center Art Club. If you don't have your own beads, cost will be \$10 and beads will be provided.

November 8, Thursday, 1-3 pm **#20909**  
December 13, Thursday, 1-3 pm **#20910**

## Workshops

### Talking Book Program

Ruth Wedergren, Public Awareness Coordinator for the Talking Book Program, a free library service for persons with visual or physical disabilities that prevent them from reading or holding books. Ruth will be explaining what the program is, who qualifies, what materials are available, and how to sign up. There will be a demonstration with a digital audio player and cartridge plus brochures and application forms.

**Thursday, November 1, 11-11:45 am**  
**Grand Meeting Room—FREE**

## Cinema

Join the Baca Center for our monthly cinema day. Popcorn and lemonade will be provided by Park Valley Inn. Movies will be shown in the Grand Meeting Room on the big screen and are FREE. Movie suggestions are always welcome.

### ***CALENDAR GIRLS—Wednesday, November 21, 1-3 pm***



The true story of women who almost bare-all for charity and become international celebrities. These ladies want to create a traditional calendar for fundraising but decide a non-traditional way might be best.

### ***JOYFUL NOISE—Thursday, December 13, 1-3 pm***



Pacashau, Georgia hits hard times but they are relying on the Divinity Church Choir to lift their spirits. Dolly Parton and Queen Latifah square off in this comedy about tried and true traditional music or shaking things up with new music for the championship choir competition.

## Day Time Bunco is Back:

**2nd & 4th Wednesdays, 1-3 pm—\$3/members**

**NEW!!! AARP Driver Safety Course**  
**in the evening February 19, 2013**  
**5:00-9:00 pm. Register on January 28.**



# Day Trips & Tips



If you like to see new places, museums, plays, movies, restaurants, concerts, then you'll want to travel with the Baca Center.

**ALL trips in the newsletter will be available for registration on October 29.**

Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities.

**Times and events are sub-**

**ject to change.** Return time is an estimated time of return, it depends on traffic, event wrap up, and any travel delays. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website or Baca staff. Large groups require an 8-20% gratuity.

Day trippers should check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a *current* doctor's note must be on file with the staff. The building may not be open when returning from a

trip so those that have parked in the Baca garage will have to walk down the ramp. Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a relative or personal care taker specifically for the participant. For proper arrangements, please inform the Baca Center staff at registration. If you have a trip suggestion for somewhere in Texas, please stop by the front desk.

# Policy & Procedures

Please check in with the driver before each trip. Payment is required at time of sign up. Please do NOT show up more than 15 minutes prior to departure, the building may not be open. Participants are only allowed to save ONE seat on the bus for their travel companion.

## TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY IF**:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
  - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
  - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your account or you will be assessed a \$25 processing fee for a refund. **There will be NO substitutions allowed the day of a trip.**

## ONLINE REGISTRATION—WWW.ROUNDROCKRECREATION.COM

Online registration is a great way to sign up for trips without the hassle of waiting in line! Visit [www.roundrockrecreation.com](http://www.roundrockrecreation.com) for online sign up.

# Day Trips

## **ALL REGISTRATION FOR THE LISTED TRIPS WILL BEGIN OCTOBER 29, 2012 @ 8 AM UNLESS NOTED**

Times/events are subject to change. Return time is an estimated time, it depends on traffic, event wrap up, and any travel delays. Please come 15 minutes early for trips.

***DON'T BE LATE, WE CAN'T WAIT!!!***

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### **Tuesday, Nov. 6**

Depart: 10:00 am

Return: 8:00 pm

Cost: \$16 (Meal OYO)

Where: San Antonio

Course #20974

### **SAN ANTONIO SHOPPING AND NEW WORLD REST.**

Join us for shopping on the Riverwalk so everyone can get a head start on shopping for the holidays. After shopping, we will go to the Culinary Institute of America to eat at their newest restaurant, New World Flavors which is a student-staffed Latin restaurant.

[www.naorestaurant.com](http://www.naorestaurant.com)

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### **Tuesday, Nov. 13**

Depart: 4:30 pm

Return: 7:30 pm

Cost: \$6 (Meal OYO)

Where: Austin

Course #20723

### **FOREIGN AFFAIRE GOES TO KAI-PROW THAI & SUSHI**

Join the Foreign Affaire travelers to Kai-Prow Thai and Sushi Bistro. They have an extensive menu that details spicy, gluten free, vegetarian and soy free options. They even offer a beginners menu for those unfamiliar with Thai food or Sushi.

[www.kaprowleaf.com](http://www.kaprowleaf.com)

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### **Wednesday, Nov. 14**

Meet: 11:00 am

Cost: Free (Meal OYO)

Where: 410 W. Main

Course #20970

### **CUISINE CRITICS GO TO LAS BRISAS**

Join us for a great Mexican lunch. This restaurant has changed names and built a beautiful patio. They boast that they have great enchiladas.

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### **Friday, Nov. 16**

Depart: 6:00 pm

Return: 11:00 pm

Cost: \$7 (Cover OYO)

Where: Granger

Course #20640

### **PUB CLUB GOES TO COTTON CLUB**

Great food, live music and dancing. The live band will be Johnny Dee's Rocket 88's. There will be a cover of \$12. The food is good and the band will be exciting.

[www.cottonclubbandsteakhouse.com](http://www.cottonclubbandsteakhouse.com)

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### **Saturday, Nov. 17**

Depart: 8:00 am

Return: 4:00 pm

Cost: \$14 (Ticket & Meal OYO)

Course #20975

### **ELLISON'S GREENHOUSE POINSETTIA CELEBRATION**

Join us as we travel to Brenham for the Annual Poinsettia Celebration. They will have over 80,000 multi-color blooming poinsettia's along with other arts and crafts. There will be vendors there with food. Participants pay the entrance fee of \$2 cash. This trip is open to Garden club until November 5 then it opens to everyone else.

[www.ellisonsgreenhouses.com/poinsettia\\_celebration.asp](http://www.ellisonsgreenhouses.com/poinsettia_celebration.asp)

# **Trips, Trips, Trips**

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## **Tuesday, Nov. 27**

Depart: 6:00 pm  
Return: 10:00 pm  
Cost: \$6 (Ticket OYO)  
Where: Austin  
**Course #20976**

## **BALCONES BINGO**

This is the ONLY smoke-free bingo hall in Austin. They have a full service café, large screen TV's, computers and claim to have the friendliest staff. They even have staff to help those that have not played bingo before. We will stay for the 7 and 8:30 pm sessions. Paper games cost \$5/session plus they have pulltabs. They give away up to \$5,000 each night. We had 3 winner's last trip. They also have a room with computers that have about 30 various computer games that are lots of fun to play and you can win money.  
**[www.balconesbingo.com](http://www.balconesbingo.com)**

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## **Friday, Nov. 30**

Depart: 6:30 pm  
Return: 11:00 pm  
Cost: \$17 (Ticket incl.)  
Where: Lockhart  
**Course #20978**

## **"DASHING THROUGH THE SNOW"**

Just a few days before Christmas in the town of Tinsel, Texas, a group of eccentric guests arrive at the Snowflake Inn. Between the touring production of A Christmas Carol and the mayhem of a romance between Mrs. Claus and one of Santa's elves, everyone will find this production hilarious. MUST register for this trip by November 13.  
**[www.gaslightbakertheatre.org](http://www.gaslightbakertheatre.org)**

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## **Monday, Dec. 3**

Depart: 9:00 am  
Return: 3:00 pm  
Cost: \$7 (Meal OYO)  
Where: Austin  
**Course #20979**

## **AUSTIN AMERICAN STATESMAN TOUR & THREADGILLS**

Join us for a special tour of the American Statesman Building. The tour will include the Newsroom, Ad Production Department and Pressroom. Come see how our daily newspaper comes to life. No purses or large bags can be taken into the building but can be left on the bus. After our 45 minute to 1 hour tour at the Statesman, we will go to the famous Threadgills for lunch.

**[www.statesman.com](http://www.statesman.com)**

**[www.threadgills.com](http://www.threadgills.com)**

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## **Tuesday, Dec. 4**

Depart: 4:30 pm  
Return: 7:30 pm  
Cost: \$6 (Meal OYO)  
Where: Austin  
**Course #20722**

## **FOREIGN AFFAIRE GOES TO BESS BISTRO**

Join us for a spectacular dinner at a very popular Austin restaurant that is owned by Sandra Bullock. The Bistro has a European flair with a good ol' Southern come and get it but deliberately defies classification. This trip will fill up quickly so don't wait too long to register.

**[www.bessbistro.com](http://www.bessbistro.com)**

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## **Sunday, Dec. 9**

Depart: 1:00 pm  
Return: 5:00 pm  
Cost: \$28 (Ticket incl.)  
Where: Georgetown  
**Course #20980**

## **"MIRACLE ON 34TH STREET" AT THE PALACE**

Join us for a heart-warming musical about a white-bearded man claiming to be the real Santa as he brings about a genuine miracle, spreading love throughout New York City. He convinces a mother, daughter and the entire State of New York that Santa Claus is no myth. Register by Nov. 30.  
**[www.georgetownpalace.com](http://www.georgetownpalace.com)**

# **Trips, Trips, Trips**

## **Wednesday, Dec. 12**

Meet: 11:00 am

Cost: Free (Meal OYO)

Where: 1207 E 79

**Course #20708**

## **CUISINE CRITICS GO TO LITTLE RED WAGON**

This restaurant has been newly remodeled and boasts to have the best burgers in Round Rock. They also have a big breakfast menu that they serve all day. Please register in advance so we can make reservations.

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## **Thursday, Dec. 13**

Depart: 3:00 pm

Return: 8:00 pm

Cost: \$15 (Meal OYO)

Where: New Braunfels

**Course #20981**

## **GRISTMILL RESTAURANT & SANTA'S RANCH**

We are going to try this trip again since we were rained out last year. We will start by dining at the famous Gristmill Restaurant in Gruene and then travel to Santa's Drive Thru Ranch which tells the story of Jesus through an acre of holiday lights. The bus is too tall for this trip so we will take 2 vans and will be very limited on seats so sign up early. No wheelchairs or walkers on this trip.

[www.gristmillrestaurant.com](http://www.gristmillrestaurant.com)

[www.santasranch.net](http://www.santasranch.net)

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## **Saturday, Dec. 15**

Depart: 8:00 am

Return: 6:30 pm

Cost: \$32 (Tickets incl. & Meal OYO)

Where: Huntsville

**Course #20983**

## **HUNTSVILLE PRISON MUSEUM & PHOENIX COMMOTION HOMES**

This is going to be a very unique tour that you won't want to miss. The tour to the homes may never be an option in the future because the company is so busy. Upon arriving in Huntsville we will go to the Prison Museum first to see the history of Texas prisons from the inmates and guards point of view. We will stop for lunch at Fat Boys and then begin our unique journey to some incredible homes that have all been built using recycled and salvaged material. There is the License Plate House, Budweiser House, Story Book House, Tree House, Bone House and more. All homes are built by apprentice laborers for families in need. No two homes are alike. We will be allowed inside 2 of the homes for a tour and then we will drive by all the others and have opportunities to take pictures and ask the creator Dan Phillips questions about his homes.

[www.phoenixcommotion.com](http://www.phoenixcommotion.com)

[www.txprisonmuseum.org](http://www.txprisonmuseum.org)

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## **Monday, Dec. 17**

Depart: 3:00 pm

Return: 9:00 pm

Cost: \$11 (Meal OYO)

Where: Johnson City

**Course #20984**

## **JOHNSON CITY LIGHTS & PECAN STREET BREWING**

We are off to Johnson City for dinner at Pecan Street Brewing and then to see all the beautiful lights in Johnson City. The restaurant offers daily steak and seafood specials along with pizza, salads and burgers. This trip is a great way to see all the beautiful holiday lights in the Hill Country.

[www.pecanstreetbrewing.com](http://www.pecanstreetbrewing.com)

## **Trips, Trips, Trips**

**Thursday, Dec. 20**

Depart: 6:00 pm

Return: 8:00 pm

Cost: \$5 (Ticket incl.)

Where: Round Rock

**Course #20985**

### **ROCK'N LIGHTS IN ROUND ROCK**

Join us for an amazing holiday experience that is brand new to Round Rock. If you can't or don't want to drive this by yourself, hop on the Baca bus and we will take you through 1.5 mile trail of lights. Weather permitting, we will stop at the carnival and vendor spot at the end of the lights for some holiday fun. Bring extra cash if you wish to partake on the rides or purchase food/beverages.

**Sunday, January 6**

Depart: 1:00 pm

Return: 5:00 pm

Cost: \$28 (Ticket incl.)

Where: Georgetown

**Course #20986**

### **"DEARLY BELOVED" AT THE PALACE THEATER**

This is guaranteed to be a rib-tickling performance about two sisters in Fayro, Texas. One of the sister's daughter hopes to have an antebellum-inspired wedding but will it go on without scandal, gossip and skin-tight gold lame? Come find out but register by December 27 so we can ensure our tickets.

[www.georgetownpalace.com](http://www.georgetownpalace.com)

## **Hiking Club Trips**

These trips are for serious hikers/walkers on the hiking list ONLY. Please remember to bring a minimum of 2 bottles of water, sun screen, appropriate shoes, bug repellent, snacks and weather prepared clothing. Maps will be provided at the location. There will be a cooler for your extra water bottles on the bus. These trips are somewhat strenuous and require stamina to complete the hike/walk. Members wishing to join the hiking club MUST participate in a local hike prior to registering for these hikes listed below.

**Wednesday, Nov. 28**

Depart: 9:30 am

Return: 3:30 pm

Cost: \$10 (Meal & Park Fees OYO)

Where: Johnson City

**Course #20977**

### **PEDERNALES FALLS STATE PARK HIKE/WALK**

Join us for a ranger led hike through Pedernales Falls State Park. Park fees are paid by each individual (\$5). Seniors over 65 will get 50% off park fees. Bring a sack lunch to eat at the park. You must be able to walk a minimum of 3 miles and be on the hiking list. This hike is considered easy to moderate.

[www.tpwd.state.tx.us/spdest/findadest/parks/pedernales\\_falls](http://www.tpwd.state.tx.us/spdest/findadest/parks/pedernales_falls)

**Friday, Dec. 14**

Depart: 9:30 am

Return: 3:30 pm

Cost: \$10 (Meal & Park Fees OYO)

Where: Lockhart

**Course #20982**

### **LOCKHART STATE PARK**

Join us for a ranger led hike through the Lockhart State Park. Part of the hike will be along the Clear Fork Creek and will take about 2 hours to complete. Some of the trails will have hills but nothing too strenuous. Park fees are paid by each individual (\$5). Seniors over 65 will get 50% off park fees. Bring a sack lunch and 2 bottles of water. <http://www.tpwd.state.tx.us/state-parks/lockhart>



# Fitness Updates

## **Baca Center Fitness Room, Computer Lab, Billiards and Library opens in January on Saturday & Sunday, 9 am-noon**

Great news for Baca members. The center will be replacing most of the weight room equipment in January. In addition, there will be new fitness classes added to our existing programs. Look for more details in the January/February newsletter. Here are the guidelines for participating in our existing and upcoming FREE fitness programs. Beginning in January you **MUST** have a Baca Center membership with the weight room to participate in our FREE fitness programs. If you do not have a membership with the weight room, you will need to pay \$3/class.

1. All participants must check in at the BACA Front Desk prior to a group exercise class. Check in will be no earlier than 30 minutes prior to class starting. Tickets will be distributed to interested participants at this time. Tickets are limited to one ticket per student, per class.
2. BACA Members will show membership card to validate a current membership. BACA non-members will pay the punch card rate of \$3/class.
3. Participants will surrender the ticket to the instructor when entering the designated class and are required to sign the activity sheet. No one will be admitted to the class without a ticket.
4. No participants will be allowed to enter a class **5 minutes** after the start of class. This is for the participants' safety.
5. BACA reserves the right to limit the number of people in each class to ensure the safety of each participant and ensure the highest quality program.
6. If class minimums are not met within 5 minutes of class start time, class will be cancelled.
7. Participants will be required to wear appropriate attire to include non-marking shoes. Participants must be at least 50 years old to attend a group exercise class.

The Baca Center will attempt to provide as much notice as possible in the event the class is cancelled.

**Classes that are included in your regular Baca Membership: Balance, Belly Dancing, Cardio Combo, Strength without the Gym, Tapping for Fun and Zumba Gold. Look for MORE classes beginning in January.**

Please see the front desk for more information or to transfer your membership.

**Join the *Baca Brigade* to volunteer at  
Parks and Recreation's Special Events.**

**Commitment is only 1-2 hours a few times a year but it  
is a great opportunity to represent the Baca Center.**

**Call 218-5499 to get on the list.**

## Updates

**WBCO will be CLOSED:**  
November 12, November 22 & 23  
and December 24-January 3

**SAVE THE DATE—FEBRUARY 24, 2013**

**THE RED CARPET ACADEMY AWARDS**

Join the Baca Center for the awards on our big screen  
and an opportunity to walk down the red carpet.  
Who will be best dressed? Most unique dressed?

## Cuisine Critics

### **Craig O's Italian**

603 Louis Henna  
[www.craigositalian.com](http://www.craigositalian.com)  
512-671-9900

### **Krave Wine Bar & Bistro**

121 E. Main Street  
[www.kravewinebar.com](http://www.kravewinebar.com)  
512-382-5446

The Cuisine Critics met at Craig O's for some scrumptious Italian food. The critics gave mostly high marks in all categories for environment, staffing and value for the money. Several commented that the food was great and the service was efficient and friendly. They have several lunch specials that can be made to order. They also have a great covered patio for those beautiful weather days.

The Cuisine Critics met at Krave Wine Bar & Bistro for a delicious lunch. The critics gave all high marks in all categories for knowledge of the menu, environment and courteous staff. Several critics stated that the food was delicious and would recommend to friends. The bistro used a great color palate for decorating and also has a great outdoor space for those outdoor dining days.

**Allen R Baca Center**  
301 W Bagdad, Bldg. 2  
Round Rock, TX 78664  
512-218-5499  
512-218-3231 fax

### Hours of Operation

Monday-Thursday 8:00 am-6:30 pm  
(Weight Room ONLY until 7:15 pm)

Friday 8:00 am-4:00 pm

Saturdays & Sundays--CLOSED

Activities & weight room  
end 15 minutes before closing

*Baca Center will be **CLOSED** on*  
*November 12—Veteran's Day*  
*November 22 & 23—Thanksgiving*  
*December 24 & 25—Christmas*  
*January 1—New Year's Day*

WBCO Lunch Reservation:

**512-255-4970**

Star Shuttle Service

**512-244-7433**

